

INFORMAZIONI PERSONALI

Alice Cola



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Sesso F | Data di nascita 21/10/1989 | Nazionalità Italiana

ISTRUZIONE E FORMAZIONE

15 Novembre 2021

Diploma di Specializzazione in Ginecologia e Ostetricia**Voto: 70/70 e lode**

Università degli studi Milano - Bicocca

ASST Monza - Ospedale San Gerardo - Fondazione Monza e Brianza per il Bambino e la sua Mamma

Direttore: Prof.ssa Patrizia Vergani

Via Pergolesi 33, Monza (MB)

04 Marzo 2015

Abilitazione alla professione di Medico Chirurgo e Iscrizione all'Ordine dei Medici Chirurghi della provincia di Monza e Brianza

23 Luglio 2014

Laurea Specialistica in Medicina e Chirurgia**Voto: 110/110 e lode con menzione d'onore**

Università Vita-Salute San Raffaele, Milano

via Olgettina 58, 20132 Milano

Tesi di laurea dal titolo: "Impatto dell'endometriosi profonda sulle disfunzioni urinarie: valutazione urodinamica pre e post-operatoria"

Relatore: Prof. Massimo Candiani

Correlatore: Prof. Stefano Salvatore

Ottobre 2013 - Luglio 2014

Ricercatrice c/o URI Urological Research Institute

Direttore: Prof. Petter Hedlund

IRCCS Ospedale San Raffaele, Milano

Via Olgettina 60, 20132 Milano

Settembre 2012 - Luglio 2015

Internato c/o Unità Operativa di Ginecologia e Ostetricia

IRCCS Ospedale San Raffaele, Milano

Direttore: Prof. Massimo Candiani

Tutor: Prof. Stefano Salvatore (Responsabile Unità Funzionale Uroginecologia)

Via Olgettina 60, 20132 Milano (MI)

Settembre 2008 - Luglio 2014

Corso di Laurea Specialistica in Medicina e Chirurgia

Università Vita-Salute San Raffaele, Milano

Via Olgettina 58, 20132 Milano (MI)

Luglio 2008

Diploma Liceo Scientifico**Voto: 85/100**

Liceo Scientifico Statale Paolo Frisi

Via Sempione 21, 20900 Monza (MB)

COMPETENZE PERSONALI

Lingua madre Italiano

Altre lingue

	COMPRESIONE		PARLATO		PRODUZIONE SCRITTA
	Ascolto	Lettura	Interazione	Produzione orale	Produzione scritta
Inglese	C2	C2	C1	C1	C1
Francese	B2	B2	B2	B2	B2
DELF B2					

Livelli: A1/2 Livello base - B1/2 Livello intermedio - C1/2 Livello avanzato
 Quadro Comune Europeo di Riferimento delle Lingue

Competenze informatiche

buona padronanza dei sistemi operativi Microsoft e Macintosh

PUBBLICAZIONI

1. Mirabegron in the treatment of overactive bladder.
Leone Roberti Maggiore U, Cardozo L, Ferrero S, Sileo F, **Cola A**, Torella M, Colacurci N, Candiani M, Salvatore S.
Expert Opin Pharmacother. 2014
2. Microablative fractional CO2 laser improves dyspareunia related to vulvovaginal atrophy: a pilot study.
Salvatore S, Leone Roberti Maggiore U, Origoni M, Parma M, Quaranta L, Sileo F, **Cola A**, Bainsi I, Ferrero S, Candiani M, Zerbini N.
Journal of Endometriosis and Pelvic Pain Disorders 2014
3. Transvaginal primary repair of a suprasphincteric rectovaginal fistula.
Milani R, Frigerio M, Manodoro S, **Cola A**, Sicuri M, Spelzini F.
Int Urogynecol J. 2016 Jan
4. Transvaginal uterosacral ligament hysteropexy: a retrospective feasibility study.
Milani R, Frigerio M, Manodoro S, **Cola A**, Spelzini F.
Int Urogynecol J. 2017 Jan 28
5. Bovine pericardium graft augmentation versus native tissue repair in anterior prolapse surgery: a retrospective study.
Milani R, Frigerio M, Beretta C, **Cola A**, Spelzini F, Manodoro S.
Minerva Ginecol. 2017 Jun
6. Repair of a vesicouterine fistula following cesarean section.
Milani R, **Cola A**, Frigerio M, Manodoro S.
Int Urogynecol J. 2017 Nov
7. Outcomes of Transvaginal High Uterosacral Ligaments Suspension: Over 500-Patient Single-Center Study.
Milani R, Frigerio M, **Cola A**, Beretta C, Spelzini F, Manodoro S.
Female Pelvic Med Reconstr Surg. 2018 Jan/Feb
8. Risk factors for recurrence after hysterectomy plus native-tissue repair as primary treatment for genital prolapse.
Manodoro S, Frigerio M, **Cola A**, Spelzini F, Milani R.
Int Urogynecol J. 2018 Jan
9. Repair of a vesicouterine fistula following cesarean section.
Milani R, **Cola A**, Frigerio M, Manodoro S.
Int Urogynecol J. 2018 Feb
10. Transvaginal levator myorrhaphy for posthysterectomy vaginal vault prolapse repair.
Milani R, Manodoro S, **Cola A**, Palmieri S, Frigerio M.
Int Urogynecol J. 2018 Jun
11. Detrusor underactivity in pelvic organ prolapse.
Frigerio M, Manodoro S, **Cola A**, Palmieri S, Spelzini F, Milani R.
Int Urogynecol J. 2018 Aug
12. Quality of life in women with advanced pelvic organ prolapse treated with Gellhorn pessary.
Palmieri S, **Cola A**, Milani R, Manodoro S, Frigerio M.
Minerva Ginecol. 2018 Aug
13. Response to a letter to the editor: detrusor underactivity in pelvic organ prolapse.
Frigerio M, Manodoro S, **Cola A**, Palmieri S, Spelzini F, Milani R.
Int Urogynecol J. 2018 May
14. Management of unrecognized bladder perforation following suburethral tape procedure.
Milani R, Manodoro S, **Cola A**, Palmieri S, Frigerio M.
Int J Gynaecol Obstet. 2018 Jul
15. Gluteo-vaginal fistula after prolapse mesh surgery.
Milani R, **Cola A**, Palmieri S, Manodoro S, Frigerio M.
Eur J Obstet Gynecol Reprod Biol. 2018 Jun
16. Transvaginal native-tissue repair of enterocele.

- Milani R, Manodoro S, **Cola A**, Palmieri S, Reato C, Frigerio M.
Int Urogynecol J. 2018 Jun
17. Efficacy of needle retractor device in single-incision slings for treatment of stress urinary incontinence.
Palmieri S, Manodoro S, **Cola A**, Spelzini F, Milani R, Frigerio M.
Minerva Ginecol. 2018 Dec
 18. Novel sonographic method for the evaluation of the defects in the pubocervical fascia in patients with genital prolapse.
Manodoro S, Palmieri S, **Cola A**, Milani R, Frigerio M.
Minerva Ginecol. 2018 Oct
 19. Risk factors for persistent, de novo and overall overactive bladder syndrome after surgical prolapse repair.
Frigerio M, Manodoro S, **Cola A**, Palmieri S, Spelzini F, Milani R.
Eur J Obstet Gynecol Reprod Biol. 2019 Feb
 20. Pelvic organ prolapse and voiding function before and after surgery.
Palmieri S, Manodoro S, **Cola A**, Spelzini F, Milani R, Frigerio M.
Minerva Ginecol. 2019 Feb
 21. Prolapse mesh complication: large stone on vaginal mesh extruded in the bladder.
Manodoro S, Reato C, **Cola A**, Palmieri S, Frigerio M.
Eur J Obstet Gynecol Reprod Biol. 2019 Apr
 22. Single-incision sling for stress urinary incontinence: A video tutorial.
Spelzini F, Manodoro S, **Cola A**, Palmieri S, Roselli F, Frigerio M.
Eur J Obstet Gynecol Reprod Biol. 2019 Jun
 23. Long-term outcomes and five-year recurrence-free survival curves after native-tissue prolapse repair.
Deo G, Bernasconi DP, **Cola A**, Palmieri S, Spelzini F, Milani R, Manodoro S, Frigerio M.
Int J Gynaecol Obstet. 2019 Nov
 24. Transvaginal hysteropexy to levator myorrhaphy: A novel technique for uterine preservation.
Milani R, Manodoro S, **Cola A**, Palmieri S, Frigerio M.
Int J Gynaecol Obstet. 2020 Jan
 25. Surgical management of dyspareunia after laparoscopic lateral suspension for pelvic organ prolapse.
Milani R, **Cola A**, Palmieri S, Frigerio M, Manodoro S.
Eur J Obstet Gynecol Reprod Biol. 2020 Jan
 26. Transvaginal uterosacral ligament hysteropexy versus hysterectomy plus uterosacral ligament suspension: a matched cohort study.
Milani R, Manodoro S, **Cola A**, Bellante N, Palmieri S, Frigerio M.
Int Urogynecol J. 2020 Sep
 27. Surgical excision of paraurethral cyst.
Milani R, Manodoro S, **Cola A**, Palmieri S, Reato C, Frigerio M.
Int Braz J Urol. 2020 Mar-Apr
 28. Surgical treatment of complete uterovaginal prolapse and concomitant vaginal cancer: a video case report.
Cola A, Milani R, Buda A, Manodoro S, Barba M, Frigerio M.
Int Urogynecol J. 2020 Aug
 29. Italian validation of the German Pelvic Floor Questionnaire for pregnant and postpartum women.
Palmieri S, **Cola A**, Ceccherelli A, Manodoro S, Frigerio M, Vergani P.
Eur J Obstet Gynecol Reprod Biol. 2020 May
 30. Postpartum urinary retention: Absolute risk prediction model.
Barba M, Frigerio M, Manodoro S, Bernasconi DP, **Cola A**, Palmieri S, Fumagalli S, Vergani P.
Low Urin Tract Symptoms. 2020 Oct
 31. Hydroureteronephrosis caused by uterine prolapse after gellhorn pessary displacement.
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Eur J Obstet Gynecol Reprod Biol. 2020 Dec
 32. Postpartum urinary retention: Absolute risk prediction model
Barba M, Frigerio M, Manodoro S, Bernasconi DP, **Cola A**, Palmieri S, Fumagalli S, Vergani P.

Low Urin Tract Symptoms. 2021 Apr

33. Clinical and urodynamic predictors of Q-tip test urethral hypermobility
D'Alessandro G, Palmieri S, **Cola A**, Barba M, Manodoro S, Frigerio M.
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34. Detrusor underactivity prevalence and risk factors according to different definitions in women attending urogynecology clinic.
D'Alessandro G, Palmieri S, **Cola A**, Barba M, Manodoro S, Frigerio M.
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35. Transvaginal primary layered repair of postsurgical urethrovaginal fistula.
Milani R, D'Alessandro G, Barba M, **Cola A**, Volontè S, Frigerio M.
Int Urogynecol J. 2021 May 5
36. Intraoperative ultrasound assessment of ureteral patency during pelvic surgery.
Cola A, Barba M, Frigerio M.
Int Urogynecol J. 2021 Jun 25
37. Surgical management of vaginal cancer and concomitant complete uterovaginal prolapse.
Frigerio M, **Cola A**, Volontè S, Barba M, Bazzurini L.
Int Urogynecol J. 2022 Feb
38. Learning Curve of Botulinum Toxin Bladder Injection for the Treatment of Refractory Overactive Bladder.
Barba M, Lazar T, **Cola A**, Marino G, Manodoro S, Frigerio M.
Int J Womens Health. 2022 Jan
39. Native-tissue prolapse repair: Efficacy and adverse effects of uterosacral ligaments suspension at 10-year follow up.
Cola A, Marino G, Milani R, Barba M, Volontè S, Spelzini F, Manodoro S, Frigerio M.
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40. Selective suture removal for the management of buttock pain after uterosacral ligaments suspension.
Frigerio M, Marino G, Volontè S, Barba M, **Cola A**.
Int Urogynecol J. 2022 Jul
41. Correlation between urinary symptoms and urodynamic findings: Is the bladder an unreliable witness?
D'Alessandro G, Palmieri S, **Cola A**, Barba M, Manodoro S, Frigerio M.
Eur J Obstet Gynecol Reprod Biol. 2022 May
42. The Learning Curve of Urodynamics for the Evaluation of Lower Urinary Tract Symptoms.
Frigerio M, Barba M, **Cola A**, Volontè S, Marino G, Regusci L, Sorice P, Ruggeri G, Castronovo F, Serati M, Torella M, Braga A.
Medicina (Kaunas). 2022 Feb 23
43. Quality of Life, Psychological Wellbeing, and Sexuality in Women with Urinary Incontinence-Where Are We Now: A Narrative Review.
Frigerio M, Barba M, **Cola A**, Braga A, Celardo A, Munno GM, Schettino MT, Vagnetti P, De Simone F, Di Lucia A, Grassini G, Torella M.
Medicina (Kaunas). 2022 Apr
44. Coexisting overactive-underactive bladder and detrusor overactivity-underactivity in pelvic organ prolapse.
Frigerio M, Barba M, **Cola A**, Spelzini F, Milani R, Manodoro S.
Int J Gynaecol Obstet. 2022 May 26

45. Italian validation of the short form of the Pelvic Organ Prolapse/Urinary Incontinence Sexual Questionnaire (PISQ-12).
Volonte' S, Barba M, **Cola A**, Marino G, Frigerio M.
Int Urogynecol J. 2022 Jun 1
46. Coexistent Detrusor Overactivity-Underactivity in Patients with Pelvic Floor Disorders.
Frigerio M, Barba M, Marino G, Volontè S, Melocchi T, De Vicari D, Torella M, Salvatore S, Braga A, Serati M, Manodoro S, **Cola A**.
Healthcare (Basel). 2022 Sep
47. Total introital obliteration as a consequence of lichen sclerosus: a rare cause of urinary retention.
Frigerio M, Barba M, Volontè S, Marino G, Melocchi T, De Vicari D, Palucci M, **Cola A**.
Int Urogynecol J. 2022 Sep
48. Pelvic pain after laparoscopic lateral suspension for pelvic organ prolapse: an unrecognized problem?
Frigerio M, Barba M, **Cola A**, Marino G, Volontè S, Melocchi T, De Vicari D, Passoni P.
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49. Coexisting overactive-underactive bladder and detrusor overactivity-underactivity in pelvic organ prolapse.
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Int J Gynaecol Obstet. 2023 Jan
50. Pelvic pain after laparoscopic lateral suspension for pelvic organ prolapse: an unrecognized problem?
Frigerio M, Barba M, **Cola A**, Marino G, Volontè S, Melocchi T, De Vicari D, Passoni P.
Int Urogynecol J. 2023 Apr
51. Surgical management of rectovaginal fistula after stapled transanal rectal resection for prolapsed hemorrhoids.
Frigerio M, Barba M, Volontè S, Marino G, Melocchi T, De Vicari D, **Cola A**.
Int Urogynecol J. 2023 Feb
52. Flat Magnetic Stimulation for Stress Urinary Incontinence: A Prospective Comparison Study.
Frigerio M, Barba M, **Cola A**, Marino G, Volontè S, Melocchi T, De Vicari D, Maruccia S.
Bioengineering (Basel). 2023 Feb
53. Prevalence and Severity of Pelvic Floor Disorders during Pregnancy: Does the Trimester Make a Difference?
Baruch Y, Manodoro S, Barba M, **Cola A**, Re I, Frigerio M.
Healthcare (Basel). 2023 Apr
54. Clinical, ultrasonographic, and functional outcomes after obstetric anal sphincter injury primary repair: A single-center experience.
Frigerio M, D'Alessandro G, Re I, **Cola A**, Vergani P, Barba M.
Int J Gynaecol Obstet. 2023 Oct
55. Intraoperative ultrasound assessment of ureteral patency after uterosacral ligaments apical suspension for prolapse surgical repair: A feasibility study.
Frigerio M, Barba M, Marino G, Volontè S, **Cola A**.
Int J Gynaecol Obstet. 2023 Oct
56. Superinfection of Rectovaginal Endometriosis: Case Report and Review of the Literature.
Barba M, Morciano A, Melocchi T, **Cola A**, Inzoli A, Passoni P, Frigerio M.
Diagnostics (Basel). 2023 Apr
57. Urethral Injury After Vaginal Birth and Stress Urinary Incontinence: Bulking Agents are Feasible Options.
Barba M, Frigerio M, Melocchi T, De Vicari D, **Cola A**.
Int J Womens Health. 2023 May

58. Italian validation of the Pelvic Floor Distress Inventory (PFDI-20) questionnaire.
Barba M, **Cola A**, Melocchi T, Braga A, Castronovo F, Manodoro S, Pennacchio M, Munno GM, Ruffolo AF, Degliuomini RS, Salvatore S, Torella M, Frigerio M.
Int Urogynecol J. 2023 Oct
59. Transvaginal excision of urethral diverticulum: A video case report.
Barba M, **Cola A**, Rezzan G, Frigerio M.
Eur J Obstet Gynecol Reprod Biol. 2023 Jul
60. Transvaginal repair of isthmocele after cesarean scar pregnancy.
Barba M, **Cola A**, Passoni P, La Milia L, De Vicari D, Frigerio M.
Int J Gynaecol Obstet. 2023 Aug
61. Pelvic floor ultrasound evaluation in the diagnosis of exposure of synthetic implanted materials in the lower urinary tract.
Frigerio M, Barba M, Marino G, Volonte S, **Cola A**.
Int J Gynaecol Obstet. 2023 Dec
62. Flat Magnetic Stimulation for Stress Urinary Incontinence: A 3-Month Follow-Up Study.
Barba M, **Cola A**, Rezzan G, Costa C, Melocchi T, De Vicari D, Terzoni S, Frigerio M, Maruccia S.
Healthcare (Basel). 2023 Jun
63. Efficacy and Adverse Effects After Single-Incision Slings for Women with Stress Urinary Incontinence: A 12-Year Follow-Up.
Barba M, **Cola A**, Costa C, Liberatore A, Frigerio M.
Int J Womens Health. 2023 Jul
64. Transvaginal excision of vaginal paraurethral leiomyoma: A video case report.
Costa C, Barba M, **Cola A**, Frigerio M.
Eur J Obstet Gynecol Reprod Biol. 2023 Nov
65. Efficacy of a Diode Vaginal Laser in the Treatment of the Genitourinary Syndrome of Menopause.
Barba M, **Cola A**, De Vicari D, Costa C, Castelli AP, Volontè S, Fruscio R, Frigerio M.
Bioengineering (Basel). 2023 Oct
66. Flat Magnetic Stimulation for Urge Urinary Incontinence.
Barba M, **Cola A**, Rezzan G, Costa C, Re I, Volontè S, Terzoni S, Frigerio M, Maruccia S.
Medicina (Kaunas). 2023 Nov
67. Impact of Mannitol Bladder Distension in the Intraoperative Detection of Ureteral Kinking During Pelvic Floor Surgery.
Barba M, **Cola A**, Costa C, Frigerio M.
Int Urogynecol J. 2024 Mar
68. High Uterosacral Ligaments Suspension for Post-Hysterectomy Vaginal Vault Prolapse Repair.
Barba M, **Cola A**, Melocchi T, De Vicari D, Costa C, Volontè S, Sandullo L, Frigerio M.
Medicina (Kaunas). 2024 Feb
69. Enhanced recovery after surgery (ERAS) in prolapse repair: A prospective study on pre-emptive uterosacral/cervical block.
Barba M, **Cola A**, De Vicari D, Melocchi T, Gili MA, Frigerio M.
Int J Gynaecol Obstet. 2024 Mar
70. Changes in Pelvic Floor Ultrasonographic Features after Flat Magnetic Stimulation in Women with Chronic Pelvic Pain and Levator Ani Muscle Hypertonicity.

Barba M, **Cola A**, De Vicari D, Costa C, La Greca G, Vigna A, Volontè S, Frigerio M, Terzoni S, Maruccia S. Medicina (Kaunas). 2024 Feb

71. How Old Is Too Old? Outcomes of Prolapse Native-Tissue Repair through Uterosacral Suspension in Octogenarians.
Barba M, **Cola A**, De Vicari D, Costa C, Volontè S, Frigerio M. Life (Basel). 2024 Mar

CAPITOLI

1. Milani R, Manodoro S, Frigerio M, Sicuri M, **Cola A**
Anomalie delle strutture di supporto della pelvi.
In Manuale di ginecologia e ostetricia di G Bolis. Editore: Edises. Ed: 2. 2017
2. Milani R, Manodoro S, Frigerio M, Sicuri M, **Cola A**
Anomalie funzionali del basso tratto urinario
In Manuale di ginecologia e ostetricia di G Bolis. Editore: Edises. Ed: 2. 2017

ALTRI TITOLI

22 Marzo 2019

IOTA Certificate

2019-2021

Docente c/o Corso di perfezionamento "Ecografia office: supporto alla midwifery care nel percorso nascita"

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20/05/2024

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